



Sending Grace

Making the world better, one act of grace at a time
sendinggrace.org

Dear Educator,

Thank you for your interest in Sending Grace. It genuinely means a lot. My name is Grace O'Rourke, and I'm a student at Palos Verdes High School. I started this program in middle school because I believed a kid with a piece of paper could change someone's entire day. I still believe that. What started as letters to my grandma during Covid has reached classrooms across Southern California and beyond.

The program is simple: kids write letters to seniors. Our free Mad Lib-style and guided templates make it easy and fun, and both include room for a drawing. No matter their age, kids can make a real difference. I've seen it happen hundreds of times.

How It Works:

1. Set aside 20 to 30 minutes in your classroom.
2. Students choose a template and fill it out, including a drawing. The Mad Lib template works well for grades K-3. The guided template is great for grades 3-5.
3. Collect the finished letters.
4. Email us at hello@sendinggrace.org and we'll arrange pickup or send a prepaid envelope, so every letter reaches a senior who needs it at no cost to you.

Two Ways to Bring Sending Grace to Your School:

Southern California: Request an In-Person Visit

If your school is in Southern California, I'll come to you. I lead the session in your classroom, bring everything your students need, and personally collect and deliver the finished letters to a local senior care facility. I also read *How to Send a Hug* by Hayley Rocco at the start of every session. It's a beautiful picture book about a girl who sends letters to her grandma as hugs, and it sets exactly the right tone.

Anywhere in the Country: Use This Kit

This intro kit has everything you need to run a session yourself. It includes:

- Both letter templates (Mad Lib and guided), ready to print
- Program overview for your school
- Discussion guide to use before or after the activity (great for priming empathy beforehand, or for reflection after)
- Parent letter to send home with students
- A facility cover letter to include when you deliver the finished letters
- A Sending Grace candle, handmade in Palos Verdes
- A personal note from Grace

All resources are also available to download and print for free at sendinggrace.org. Once your class has written their letters, email us and we'll help make sure every letter finds a senior who needs it.

Questions? Visit sendinggrace.org/educators or email hello@sendinggrace.org. Thank you for everything you do for your students.

With grace and gratitude,

Grace O'Rourke

Founder, Sending Grace
sendinggrace.org

We show up with kindness — we show up with grace.